

NFL EXTRA

Week 19

Segment	TRT
Soundtracks – Brady & Manning	2:25
Kitna (part 1)	4:14
Kitna (part 2)	8:15

1:45:34;28 - BRADY AND MANNING

HEY MAN. GOOD LUCK TO YOU. HOW YOU FEELING? HANGING IN THERE. GOOD. HOW'S YOUR LITTLE BOY AND GIRL? AWESOME. PRETTY AWESOME, HUH? HOW'S ASHLEY? SHE'S GOOD. SHE'S GOOD. YEA. HELL OF A THING, BEING A MOM. SEE YOU OUT THERE.

I'M MIKED UP. YOU'RE MIKED UP? OH YEA. SHUT UP. NO I AM, AND I HAVE ...IT WAS BETTER THAN DESPERATE HOUSEWIVES.

READY SET!

I TOLD HIM, THE NEXT TIME YOU THINK ABOUT A RUN, ...

COME ON NOW!

HEY, LET'S BE MORE DISCIPLINED, RIGHT? WE GOTTA BE MORE DISCIPLINED THAN THEM. LET'S GO!

LET'S SHOW SOME TOUGHNESS, ALRIGHT? YOU GOTTA SHOW SOME TOUGHNESS.

THE DARKER ONES ARE THE ONES YOU WANT. YOU WANT THESE LITTLE DARKER COLOR. YEA. THAT'S A GOOD GATORADE RIGHT THERE.

I HATE SITTING ON THE BENCH, MAN. I HATE SITTING ON THE BENCH.

DID YOU USE THOSE COLORS YET? I DON'T REALLY LOOK AT THEM. I'M USED TO LOOKING AT...YOU'RE LOOKING AT THE OTHER COLORS, RIGHT? I'M USED TO THAT.

COME ON REF!

RADIO - PENALTY FLAG. IT WOULD BE A FIRST DOWN BUT THE UMPIRE CALLED THE PENALTY.

DAMN IT!

WHAT ARE WE DOING????! WHY?? WHY ARE YOU BLOWING THE WHISTLE????! HE'S NOT...HE'S RIGHT THERE!!!! HE BLEW THE WHISTLE.

SORRY ABOUT THAT. I WAS A LITTLE FIRED-UP.

HE SAID HE ... UP. THOSE WERE HIS WORDS EXACTLY. THAT'S WHAT I LIKE. I LIKE A LITTLE HONESTY.

HEY, BE READY TO GO FAST NOW. ALRIGHT, LET'S ADDRESS THIS NOW SO WE DON'T HAVE TO DO IT AT THE END OF THE GAME AND SAY THIS IS WHAT WENT WRONG, RIGHT? O.K. WE'VE MADE MENTAL ERRORS ON EVERY SINGLE PLAY. I DON'T HAVE TO REVIEW THEM RIGHT? THERE'S NOT ONE THING THEY'VE DONE TO STOP US, RIGHT?

SCORE! SCORE!

RADIO - MANNING'S IN THE SHOTGUN BY HIMSELF. TOUCHDOWN AND THERE'S THE RECORD. MOVE OVER TOM BRADY. THAT CHAIR BELONGS TO PEYTON MANNING THIS YEAR.

THIS ISN'T GOOD. THIS ISN'T GOOD.

HEY, CONGRATULATIONS! YOU DID IT DUDE! YOU DID IT!

YES!! YES!! GOOD GAME. GOOD GAME.

1:48:10;25 - KITNA, PT. 1

THERE'S NO BIGGER INFLUENCE IN AMERICA THAN A FOOTBALL COACH. FOOTBALL IS OUR GOD. IT IS. YOU ASK YOUR YOUTH PASTOR. DO YOU GET 100 KIDS IN YOUR YOUTH GROUP EVERY WEEK WITH UNDIVIDED ATTENTION? I GET THEM 3 HRS. A DAY. I BETTER HAVE SOMETHING TO TEACH THEM BEYOND WHAT THE SCOREBOARD SAYS, BEYOND HOW YOU CAN HAVE THE BEST SPIN MOVE OR THE BEST RIP MOVE. IT BETTER BE MORE THAN THAT. BECAUSE IF IT'S NOT, I'M DOING THESE KIDS A DISSERVICE. YOU'RE PLAYING PASSIVE IN THE RUN GAME AND TOO AGGRESSIVE IN THE PASS GAME. WE GOTTA FLIP-FLOP. ONE DAY YOU'RE GONNA HAVE A BABY, AND THAT BABY'S GONNA GET HIS NIGHT AND DAY FLIP-FLOPPED. IT'S A NIGHTMARE. BABY WANT TO SLEEP ALL DAY AND THEN BE UP ALL NIGHT WHEN YOU'RE TRYING TO SLEEP. THAT'S BRUTAL. IT'S BRUTAL IN FOOTBALL WHEN YOU'RE PLAYING PASSIVE IN THE RUN GAME...

JON KITNA DOESN'T GIVE YOUR TYPICAL PEP TALK. OF COURSE, JON KITNA ISN'T YOUR TYPICAL HIGH SCHOOL FOOTBALL COACH. ALTHOUGH THAT'S ALL HE EVER WANTED TO BE.

WHEN I MARRIED HIM, I MARRIED A MATH TEACHER. OUR DREAM WAS TO COACH AND TEACH IN THE SAME HIGH SCHOOL; AND THEN FOOTBALL JUST

KIND OF HAPPENED. HE GOT A SHOT WITH THE NFL. HE THOUGHT, "WELL, GREAT. IF THIS LASTS A YEAR..."

RADIO - KITNA TO THROW. COMING RIGHT. GET RID OF IT JON. FIRES! CAUGHT AT THE 45! TOUCHDOWN SEATTLE!! THAT IS A BIG TIME PLAY BY THE KID OUT OF CENTRAL WASHINGTON.

A LOT OF GUYS, THEY HAD TO THINK ABOUT WHAT THEY'RE GONNA DO WHEN THEY GET DONE. I HAVE A PRETTY GOOD IDEA WHAT I WANT TO DO. I JUST DID MY STUDENT TEACHING AND EARNED MY DEGREE IN MATHEMATICS EDUCATION AND WAS GONNA BE A HIGH SCHOOL TEACHER. MY WHOLE LIFE I'VE WANTED TO AFFECT KIDS THE WAY THAT I WAS AFFECTED AND GIVE KIDS SOME DIRECTION IN LIFE.

HE VISITED MY CLASSROOM EVERY YEAR THAT HE WAS IN THE NFL. WHEN THE STUDENTS BEGAN REALIZING THAT HE WOULD DROP INTO MY CLASS EVERY ONCE IN AWHILE. I DON'T KNOW HOW THE WORD SPREAD. SLOWLY THE GUYS THAT WERE IN CLASSROOMS NEARBY WOULD START WALKING IN MY ROOM AND STAND AT THE BACK AND LISTEN TO JON. O.K. HERE YOU ARE AND YOU'RE TEACHING (GEOMETRY) YOU ARE. SIDE ANGLE SIDE, SIDE, SIDE, SIDE.

KITNA'S NFL DETOUR LASTED 16 SEASONS AND THE MATH IS IMPRESSIVE. 4 DIFFERENT STARTING JOBS AND ALMOST 30,000 CAREER PASSING YDS.

RADIO - GREAT THROW! BOY KITNA'S ON TODAY!

IT WAS JUST KIND OF A WHIRLWIND GOING FROM THE SEAHAWKS TO CINCINNATI TO DETROIT TO DALLAS, ALWAYS THINKING WE'RE GONNA GO BACK HOME AND TEACH IN AN INTERCITY SETTING. THAT WAS ALWAYS A DREAM FOR HIM AND THAT WAS ALWAYS HIS GOAL.

IN HINDSIGHT, KITNA DEVOTED MUCH OF HIS CAREER TO TEACHING OFTEN SCHOOLING LAYERS WITH THE POTENTIAL FOR STARDOM.

WHY'D YOU TURN OVER YOUR? JUST KEEP RUNNING. // WHEN THEY START RUNNING THE 4 MIN. CLOCK? YEA.

AFTER FINALLY RETIRING IN 2012 HE LANDED THE JOB OF HIS DREAMS. HEAD FOOTBALL COACH AND PART-TIME MATH TEACHER AT HIS ALMA MATER, LINCOLN HIGH SCHOOL IN TACOMA WASHINGTON.

GRADUATED FROM HERE IN 1991. MY GRANDMOTHER GRADUATED FROM HERE IN 1937. MY PARENTS GRADUATED IN 1972.

20 YRS. AGO KITNA WAS THE BIG MAN ON CAMPUS BUT A MUCH SMALLER PERSON WITH A LOT TO LEARN.

RADIO - KITNA ROLLS RIGHT. GOES OVER THE MIDDLE. HE HAS WELLS IN THE END ZONE! TOUCHDOWN! AND THE LINCOLN A'S WITH ONE OF THE MOST AMAZING COMEBACKS THAT I'VE EVER WITNESSED.

WHEN WE RETURN, THIS WOULD BE TEACHER GETS AN EDUCATION ON BEING A MAN.

WAS WOMANIZING AND CHEATING MY WAY THROUGH SCHOOL. MY GIRLFRIEND AT THE TIME CAUGHT ME IN BED WITH ANOTHER GIRL. IT WAS THAT NIGHT THAT IT WAS LIKE, O.K., SOMETHING HAS TO CHANGE.

1:52:31;22 - KITNA, PT. 2

MOST OF YOU HAVE BEEN COMMITTED TO THIS LONGER THAN YOU'VE BEEN COMMITTED TO IN YOUR LIFE. TRYING TO DO RIGHT. TRYING TO DO YOUR BEST EVERY SINGLE DAY.

I WAS THE KIND OF PERSON THAT I'M TRYING TO TRAIN THEM NOT TO BE. NOT MANY OF MY TEACHERS WERE PROBABLY THINKING I WAS GONNA BE THIS COACH AND TEACHER SOMEDAY.

ALWAYS CUTTING CORNERS. ALWAYS LOOKING TO HUSTLE SOMEBODY. I HATE LOOKING AT THE PICTURE FROM 1991, MY GRADUATION PICTURE. BUT I HAVE TO OWN THAT BECAUSE THAT'S WHO I WAS. AS I TELL MY PLAYERS, I WAS AN IDIOT.

WHEN I WAS AN ALCOHOLIC, I WAS THE GREATEST ALCOHOLIC OUT THERE BECAUSE WHATEVER I WAS IN, I WAS IN FULL TO BE THE BEST. I WANT TO BE THE BEST ALCOHOLIC THERE IS. I WANT TO BE THE BEST CHEATER THERE IS. I WANT TO BE THE BEST THIEF THERE IS.

WAS WOMANIZING AND CHEATING MY WAY THROUGH SCHOOL. MY ROOMMATES AND I, WE WOULD STEAL WHATEVER WE WANTED. WE'D STEAL BIKES. WE'D GO TO THE STUDENT STORE AND WE'D STEAL CLOTHES. I GOT CAUGHT STEALING AND I'D GO TO COURT. I HAD TO PAY A FINE. \$500.00. IT WAS A HUSTLE FOR ME. IT WAS ALL ABOUT HOW MUCH I COULD GET. MY 3RD YEAR IN COLLEGE, MY GIRLFRIEND AT THE TIME CAUGHT ME IN BED WITH ANOTHER GIRL. IT WAS THAT NIGHT THAT I WAS LIKE, O.K., SOMETHING HAS TO CHANGE.

IT DID REALLY HURT. THAT WAS PROBABLY THE WORST THING YOU COULD DO TO ME AT THAT TIME BECAUSE I SO GENUINELY PUT ALL MY ENERGY INTO OUR RELATIONSHIP. SO THE FIRST CLUE THAT I HAD THAT HE FIGURED OUT

THAT HE HAD LIKE MADE A REALLY BAD MOVE. HE SAID HE WAS GONNA GO BACK TO CHURCH AND THAT HE WAS GONNA GIVE HIS LIFE TO JESUS CHRIST. HE WAS BELIEVABLE. I JUST KIND OF WATCHED HIM. FROM THE DAY HE MADE THAT DECISION HE WAS LIKE, "I'M A BELIEVER AND I'M GONNA TELL YOU ABOUT IT AND GO ALL OUT FOR THE LORD."

THE CHEATING, THE WOMANIZING, THE DRINKING; ALL THAT STUFF WAS GONE. STUFF I HAD TRIED TO STOP, TRIED TO CHANGE MANY TIMES, AND GOD JUST TOOK IT AWAY FROM ME. AND MY GIRLFRIEND SAT AROUND AND WATCHED IT FOR A COUPLE MONTHS BECAUSE SHE THOUGHT I WAS PRETTY MUCH GRASPING AT STRAWS. 8 MTHS. LATER WE GOT MARRIED, AND WE'VE BEEN MARRIED 19 YRS.

IT TOOK SOME REALLY CATASTROPHIC EVENT TO OPEN JON'S EYES. WE ALWAYS SAY IT'S THE WORST THING THAT COULD EVER HAPPEN BUT IT'S THE BEST THING THAT COULD EVER HAPPEN.

NOW, I WANT TO BE THE BEST FATHER. I WANT TO BE THE BEST HUSBAND. I WANT TO BE THE BEST FRIEND. I WANT TO BE THE BEST COACH. FOR ME TO ACCEPT NOT GIVING MY BEST, I DON'T UNDERSTAND THAT. SO I'LL NEVER ACCEPT THAT FOR US AS A FOOTBALL PROGRAM.

JON DREAMS BIG. HIS CALLING IS TO CHANGE THE EAST SIDE OVER IN TACOMA. VERY POOR, VERY IMPOVERISHED. BROKEN HOMES. DYSFUNCTIONAL FAMILIES. SOMEWHERE IN THERE YOU HAVE TO BREAK THAT CHAIN. HOLDING DOWN A JOB. HOLDING DOWN YOUR FAMILY. GOING ON TO COLLEGE.

TOO MANY OF YOU ARE HANGING ON THE EDGE ACADEMICALLY FOR YOU TO GO IMPROVE YOUR LIFE. ACADEMICS, EDUCATION IS GONNA BE THEE FASTEST WAY OUT OF TACOMA. DEMOGRAPHICALLY FOR OUR SCHOOL, CLOSE TO 75% OF THE STUDENTS ARE QUALIFIED FOR FREE AND REDUCED LUNCH. 80% OF OUR STUDENT BODY GROWS UP IN A SINGLE PARENT HOME.

25 TO 30% OF OUR TEAM IS FULL OF GUYS THAT DON'T HAVE FATHERS. HE'S ALWAYS BEEN THERE FOR ME. I LOVE THE GUY. HE'S HONESTLY LIKE A FATHER FIGURE.

SENIOR NIGHT'S TOMORROW. WE LIKE YOU'RE PARENTS HERE AT 6.

HE HELPS EVERYBODY OUT. THINGS THAT NO COACH WOULD DO.

IS THERE A SENIOR HERE WHO DOESN'T HAVE SOMEBODY YET?

BOTH MY BROTHERS, THEY CAN'T BE HERE. MY MOM AND DAD, THEY'RE NOT ANYWHERE NEAR AND THEY CAN'T MAKE IT....

COACHES, RAISE YOUR HAND IF YOU'RE NOT WALKING WITH ANYBODY YET, COACHES.

IS THAT YOUR POSITION COACH RIGHT THERE? (YES COACH.) DON'T WORRY ABOUT IT.

IN THE NFL, QBS ARE JUDGED BY WINS AND LOSSES. AT LINCOLN, KITNA HAS DEMANDED MORE THAN THAT.

WHY DO WANT TO COACH? IS IT JUST ABOUT WINNING? IF IT'S JUST ABOUT WINNING THEN I WOULD GO SOMEWHERE ELSE. YOU'RE EITHER

TRANSACTIONAL. IT'S ALL ABOUT WINNING AND LOSING OR YOU'RE TRANSFORMATIONAL.

ULTRA PROUD OF YOU. YOU'RE GONNA USE SPORT TO TRY TO IMPACT YOUNG MEN AND AFFECT THEIR CHARACTER. THAT LAST GAME ... DE-CLEATED THE KID. LOVED IT. CROWD WAS GOING NUTS. YOU KNOW WHAT HE DID NEXT? PICKED MY MAN UP OFF THE GROUND, GAVE HIM A LITTLE PAT AND KEPT HIM MOVING. THAT'S A REAL MAN. I'M PROUD OF THAT.

HE CARES. HE TEACHES US HOW TO BE A MAN AND NOT JUST PLAY FOOTBALL. BEFORE I DIDN'T CARE ABOUT SCHOOL. I JUST HAD TO HAVE A 2.0 TO PLAY. I DIDN'T WANT TO COME TO SCHOOL. I WANTED NO PART OF IT, AND THEY ENDED UP PUTTING ME IN HIS CLASS. THAT'S WHEN I FOUND OUT HE DOESN'T PLAY AROUND ABOUT GRADES.

YOU MIGHT WANT TO GIVE UP YOUR GOOFINESS IN SPANISH CLASS. IF I GET ONE MORE EMAIL ABOUT THE CHILDISH GAMES YOU PLAY IN THERE, YOU WILL SIT FOR A HALF. GROW UP. BE A MAN. I TELL THEM ALL THE TIME, "YOU MAY NOT LIKE ME. YOU MAY NOT LIKE THE DECISIONS I MAKE, BUT SOME DAY YOUR WIFE'S GONNA COME AND THANK ME."

KITNA TREATS EVERY KID LIKE HIS OWN, AND ONE OF THEM IS HIS SON JORDAN, IS THE TEAM'S STARTING QUARTERBACK.

HE ALWAYS TALKED ABOUT BEING A MATH TEACHER AND COACHING KIDS. IT JUST SO HAPPENED TO WORK OUT THAT HE RETIRED RIGHT WHEN I WAS A FRESHMAN. SO, WE GOT TO GO TO THE SAME SCHOOL TOGETHER.

IT'S ONE OF THE HARDEST THINGS YOU'LL EVER HAVE TO DO. YOU GET HIT EARLY AND YOU GOTTA LEARN YOU GOTTA JUST BE ABLE TO TRUST THEM. IT'S HARD TO DO. O.K.

EVERY PLAY IS ANOTHER OPPORTUNITY TO BUILD CHARACTER.

YOU GOT 20 SECONDS LEFT. WE'RE UP A TOUCHDOWN. HUT! GO DOWN.

TO TEACH BOYS HOW TO BE MEN.

WHY WOULD I GO DOWN MAN?! I GOT A TOUCHDOWN!! THIS IS ABOUT DELAYED GRATIFICATION! THAT MEANS YOU'RE PUTTING OFF SOMETHING SO YOU CAN HAVE MORE LATER. THE PATRIOTS, THEY'RE PLAYING SAN DIEGO TO GET TO THE AFC CHAMPIONSHIP AGAINST INDIANAPOLIS. TOM BRADY! THE GREAT TOM BRADY THROWS A PICK TO SOME GUY FROM SAN DIEGO. THE GAME'S OVER. CATCH IT! GO DOWN IT'S OVER! NAH! I'M GONNA RUN. THIS IS ABOUT ME. I GOT THIS. FUMBLE! THEY WERE ONE OF THE GREATEST TEAMS IN THAT ERA WITH LADAINIAN TOMLINSON, BUT BECAUSE ONE GUY WANTED TO BE SELFISH, SAN DIEGO'S SEASON IS OVER.

SURE ENOUGH, IN THE BIGGEST GAME OF THE YEAR, MARCUS JOHNSON, #23, INTERCEPTS A PASS.

GO DOWN. GO DOWN.

AND FOREGOES AN EASY TOUCHDOWN TO TAKE A KNEE WHICH KITNA AND HIS ASSISTANTS FIND JUST AS SATISFYING AS BEATING THEIR ARCHRIVAL.

LIKE MARCUS, TAKING THAT KNEE. THAT'S CRAZY. KIDS IN YOUR EAR SAYING "TAKE A KNEE. TAKE A KNEE." I WAS LIKE DID HE JUST LIKE ...READ OUR MINDS TAKING A KNEE? YOU KNOW WHAT I MEAN? THAT'S A BIG PLAY. SO I HOPE YOU VALUE WHAT YOU JUST EXPERIENCED. IT AIN'T EVEN ABOUT THE SCOREBOARD. YOU DID LITTLE THINGS OVER AND OVER AGAIN THAT LED TO

A BIG WIN, AND THAT'S LIFE. YOU DO SMALL THINGS OVER AND OVER AGAIN,
IT COMPOUNDS TO A BIG AFFECT.

THE ONLY LIMIT TO YOUR DREAMS IS YOU AND YOU NEED TO DREAM BIG,
AND I'M A PRODUCT OF THAT.

RADIO - JON KITNA IS DYNAMITE!

I'VE LIVED A LIFE THAT'S GREATER THAN MY DREAMS. FAR GREATER THAN
MY DREAMS; AND THE GREATEST PART OF MY LIFE IS HAPPENING RIGHT NOW
WHEN YOU SEE A KID THAT SAYS, "COACH, YOU MADE A DIFFERENCE IN MY
LIFE." IT'S FAR GREATER THAN ANY TOUCHDOWN I'VE EVER THROWN. ANY
GAME I'VE EVER WON. DREAM BIG. DO EVERYTHING YOU CAN TO MAKE THAT
DREAM HAPPEN BECAUSE, WHEN THEY DO HAPPEN, IT BLOWS YOUR MIND.

(02:00:54 - END)